Our Lady of Perpetual Help Catholic Church
Advent Retreat: November 30th-December 3rd

"How We Do Anything is How We Do Everything: Prepare for Christmas with Intention, Beauty, & Hope"

✠ *Do you desire a transformative relationship with Christ to infuse love & compassion into your daily actions and relationships?*

✠ *Would greater depth in your prayer life bring you closer to God and your faith community?*

✠ *Do you believe that the Holy Spirit is the love interweaving our lives together?*

Gift yourself this Advent with a retreat. Come to one or all of the sessions. All are welcome.

7:00 PM on November 30th, December 1st & 2nd
Following noon Mass on December 1st, 2nd & 3rd

Using story, poetry, meditation, Scripture and prayer you will be led into the heart of Advent: preparing to receive the Christ child anew. Each evening incorporates a talk, reflection time, and growing into deeper relatedness with one another. Noon sessions follow Mass and develop the evening sessions both theologically and scripturally.

"Here I am. I come before you, O Holy God, to listen, to explore more fully the mystery of who I am, and the grounding of my life on earth." —Your Spiritual Garden: Tending to the Presence of God

Retreat leader Pegge Bernecker is a spiritual director, former youth and campus minister, author of *Your Spiritual Garden: Tending to the Presence of God, God...Any Time, Any Place: The Many Ways Catholic Students Pray*, short stories in the Chicken Soup series, ghost writer for the US Catholic Bishops, and editor of *Listen: A Seeker's Resource for Spiritual Direction*. She has an advanced Biblical Studies certificate from the Denver Catholic Biblical School and more than twenty years experience in pastoral ministry. A foster and adoptive mother, the death of her only son magnifies her desire for meaning and service in everyday living. She lives in Kasilof, Alaska with her husband and two dogs.

Our Lady of Perpetual Help Catholic Church
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